# 2015 Women’s Flag Football

## Registration and League Information

**Registration Period:** Tuesday, September 8 at 8:00 AM through Tuesday, September 22 at 11:59 PM on IMLeagues.com.

**Entry Fee:** $60.00 per team; **Paid online through IMLeagues.com via PayPal**

**Play Begins:** Tuesday, September 29 at the Hawkeye Recreation Fields

**League Format:** Teams will play three regular season games, followed by a single elimination playoff tournament for the teams that qualify.

## Sport Description

Flag Football is a non-contact version of football that creates a safe playing environment not usually found in traditional American football. Each player will wear a flag belt with three flags hanging from it, and when the ball carrier has her flags pulled, the play becomes dead. Taking the contact out of football creates a fun, recreational environment for you to enjoy with your friends and fellow UI community members. It also allows you to escape the daily grind of school and get a great workout. With many types of leagues offered here at The University of Iowa, you can find the right team to fit your skill level. So, recruit some friends and get out to the Hawkeye Recreation Fields to join the action!

## Important Information

1. If 100% of your team’s final roster completes the anonymous, online e-Checkup To Go alcohol assessment, your team’s entry fee will be refunded in full to your team captain’s University Bill. Instructions to the survey can be found at [http://recserv.uiowa.edu/echeckup-go](http://recserv.uiowa.edu/echeckup-go)

2. There is no limit to the size of a team’s roster, however, a team must have five players to complete registration. Team captains may add players to the roster up until the day of the team’s quarterfinal playoff game.

3. **NEW THIS YEAR** Team captains may add players to the roster up until the game’s scheduled start time.

4. Before each game, all players must present a valid UI or state-issued ID to participate.

5. Teams will field seven players. In order to begin a game, five players must be PRESENT within 10 minutes of a team’s schedule game time. If this requirement is not met, the game will be forfeit.

6. Team sportsmanship will be rated by the officials on a scale of 1-to-4, with 4 being excellent and 1 being poor. Teams must maintain an average of 2.5 or better throughout the season to qualify for the playoffs and to remain in the league. A more detailed breakdown of the sportsmanship scale can be found in the Intramural Sports Rules and Regulations.

7. Playoffs will take place following the 3-week regular season. The number of teams that qualifies for the playoffs will be determined based on the number of teams registered.

8. The championship team will receive Intramural Champion T-shirts.

9. Any forfeit/no-show will result in a Forfeit Fine equal to half of the team’s registration fee. This fine is charged to the University Bill of the team captain.

10. Teams can compete in the year-long Coach’s Corner Intramural Sports Points Championship for a chance to win awesome prizes. For details on the Coach’s Corner Intramural Sports Points Championship, visit [http://recserv.uiowa.edu/coach-corner-intramural-sports-points-championship](http://recserv.uiowa.edu/coach-corner-intramural-sports-points-championship)

11. All other rules will be governed by the NIRSA Flag & Touch Football Rules Book. University of Iowa-specific rules and regulations can be found at: [http://recserv.uiowa.edu/flag-football-rules](http://recserv.uiowa.edu/flag-football-rules)

12. Interested in becoming an official? Flag Football official’s training begins on Monday, September 7 at 6:00 PM in E220 Field House. If you have never officiated Intramural Sports before, you must also come to the Rookie Meeting on September 7 at 5:00 PM in E220 Field House. In addition to the classroom training, there will be two mandatory on-field trainings that take place at the Hawkeye Recreation Fields Tuesday, September 8 at 6:30 PM and Thursday, September 10 at 6:30 PM. For more information on becoming an official, visit [http://recserv.uiowa.edu/becoming-an-official](http://recserv.uiowa.edu/becoming-an-official).
In order to create a team and pay your registration fee, each captain must pass the Captain’s Quiz. The quiz will become available Tuesday, September 8, 2015. The quiz is available by clicking the “Create Team” button on the Flag Football home page on IMLeagues.com.

All captains are encouraged to utilize the Captain’s Guide, which will be available for viewing on IMLeagues.com once the “Create Team” button has been clicked. It is also available on the Intramural Sports website. Failure to utilize the resources made available to you is not an excuse for not knowing sport or program rules or regulations.

If a team captain fails to complete the Captain’s Quiz, he/she will not be able to register a team. A captain can take the quiz as many times as needed in order to register his/her team.

Space in each time slot is limited, so please have all items completed promptly.