2016 4-on-4 Flag Football

Registration and League Information

**Registration Period:** Monday, March 21 at 8:00 AM through Monday, April 11 at 11:59 PM on IMLeagues.com.

**Entry Fee:** $40.00 per team; **Paid online through IMLeagues.com via PayPal**

**Play Begins:** Monday, April 18 at the Hawkeye Tennis and Recreation Complex

**League Format:** Teams will play two pool play games, followed by a single elimination playoff tournament for the teams that qualify.

**Sport Description**

No football on TV got you down in the dumps? Well, don’t worry, we’ve got you covered! Intramural 4-on-4 Flag Football is back again at The University of Iowa! This fast-paced, up-tempo style of Flag Football is played on a smaller field, and features lots of scoring. With only 4 players on the field at a time, this is a fantastic opportunity to get in a workout without having to go to the gym. There is still football that needs to be played, so, grab your friends and get registered for 4-on-4 Flag Football on IMLeagues.com today!

**Important Information**

1. Check the Intramural Sports Rules and Regulations in regards to eligibility.

2. If 100% of your team’s final roster completes the anonymous, online e-Checkup To Go alcohol assessment, your team’s entry fee will be refunded in full to your team captain’s University Bill. Instructions to the survey can be found at [http://recserv.uiowa.edu/echeckup-go](http://recserv.uiowa.edu/echeckup-go)

3. There is no limit to the size of a team’s roster, however, a team must have three players to complete registration. Team captains may add players to the roster up until the day of the team’s quarterfinal playoff game.

4. *NEW THIS YEAR* Team captains may add players to the roster up until the game’s scheduled start time.

5. Before each game, all players must present a valid UI or state-issued photo ID to participate.

6. Teams will consist of four players on the field at a time. Three players must be READY TO PLAY within 10 minutes of a team’s scheduled game time. If this requirement is not met, the game will be forfeit.

7. Team sportsmanship will be rated by the officials on a scale of 1-to-4, with 4 being excellent and 1 being poor. Teams must maintain an average of 2.5 or better throughout the season to qualify for the playoffs and to remain in the league. A more detailed breakdown of the sportsmanship scale can be found in the Intramural Sports Rules and Regulations.

8. Playoffs will take place following the one-week regular season. Divisions will consist of three teams, with both pool play games being played in one night, and the single-elimination tournament being played the following week. The top two teams in each division will qualify for the playoffs.

9. Any forfeit/no-show will result in a Forfeit Fine equal to half of the team registration fee. This fine is charged to the University Bill of the team captain.

10. Interested in becoming an official? 4-on-4 Flag Football official’s training takes place on Tuesday, April 12. More information on how to work for Intramural Sports can be found at [http://recserv.uiowa.edu/becoming-an-official](http://recserv.uiowa.edu/becoming-an-official)