Online Registration Instructions

Due to capacity limitations within our facilities, Recreational Services has implemented a registration policy to access our buildings and programs. Anyone who would like to use our offerings will need to register for a time slot prior to coming to work out. Time slots can be reserved online or through our app.

Account Information:
- If you are a student, faculty, and staff, you will select U Iowa Login and use your HawkID and password to sign into our online registration page.
- If you are a spouse/domestic partner, alumni, affiliate, community member, you will select Rec Member Login. If you do not have an account, email rec-services@uiowa.edu and we will set up an account for you.

Website Instructions

Step 1: Visit connect.recserv.uiowa.edu

Step 2: Select Online Registration
Step 3: Select the type of activity you would like to do under Classification.

Step 4: Select the specific activity you would like to do (Cardio/Strength, Open Lap Swim, Group Fitness).

Step 5: Select the Date and Time you would like to attend. Please note: There are limited spots available for each time slot. The amount remaining will be indicated on the individual registrations.
Step 6: Log in using your Account Information.

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- If you are a spouse/domestic partner, alumni, affiliate, community member, you will select Rec Member Login. If you do not have an account, email rec-services@uiowa.edu and we will set up an account for you.

Step 7: If you have more than one family member linked to your account, select ‘Register’ for the individual you would like to sign up for the facility registration. All facility registrations require an active membership.
Step 8: Select ‘Checkout’ to complete the process.

Step 9: Select ‘Checkout’ again to confirm your registration. Please note: If you do not complete the registration in a timely fashion, the system will time out and you will not reserve a spot.
Step 10: Upon completion of the registration, the screen will display successful processing. In addition, you will receive a confirmation email.