

Online Registration Instructions – UPDATED 11/20/20

Due to capacity limitations within our facilities, Recreational Services has implemented a registration policy to access our buildings and programs. Anyone who would like to use our offerings will need to register for a time slot prior to coming to work out. Time slots can be reserved online or through our app.

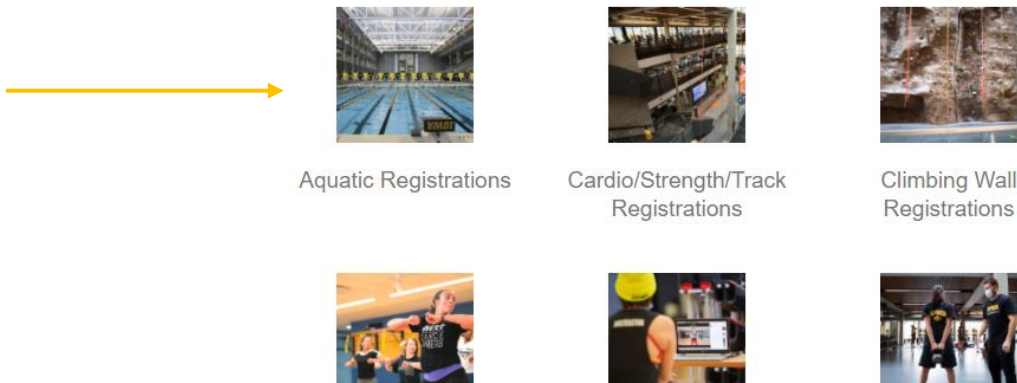
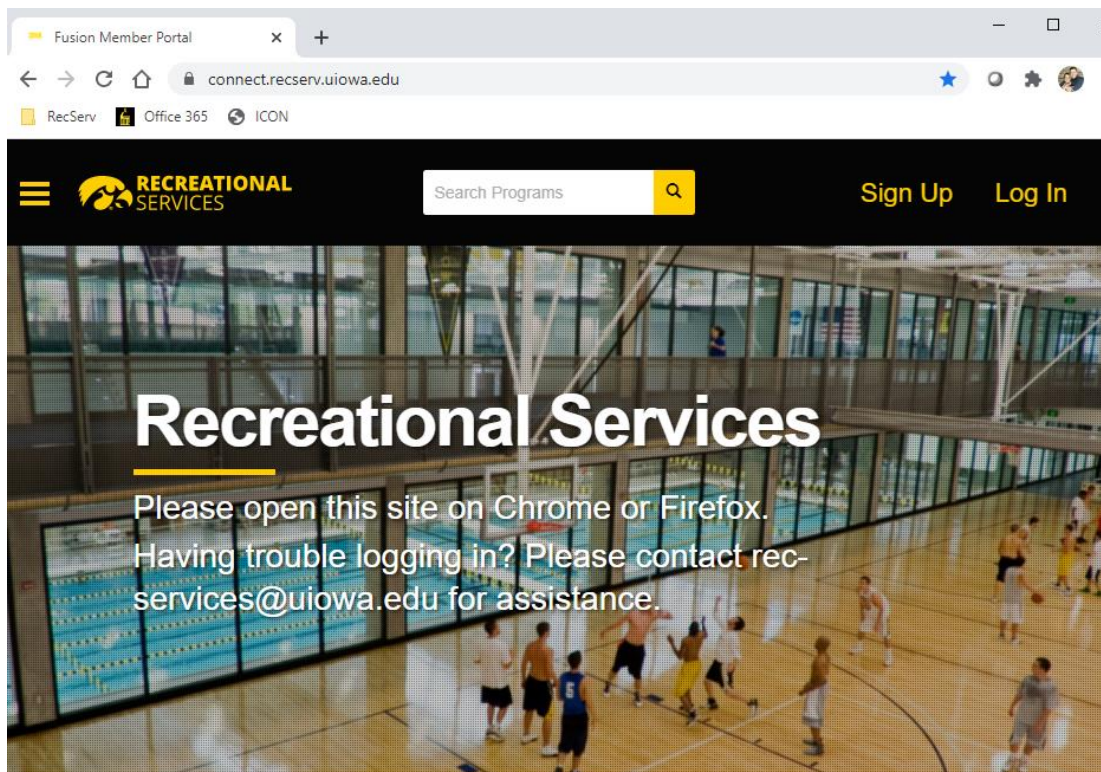
Account Information:

- If you are a student, faculty, and staff, you will select U Iowa Login and use your HawkID and password to sign into our online registration page.
- If you are a spouse/domestic partner, alumni, affiliate, community member, you will select Rec Member Login. If you do not have an account, email rec-services@uiowa.edu and we will set up an account for you.

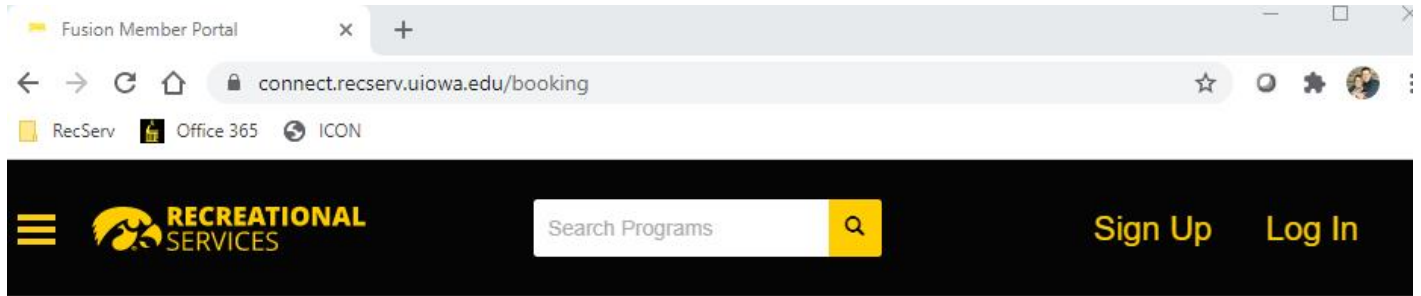
Website Instructions

Step 1: Visit connect.recserv.uiowa.edu

Step 2: Select the type of activity you are interested in participating in.



Step 3: Select the specific location you would like to visit.



Bookings

New Booking

Upcoming



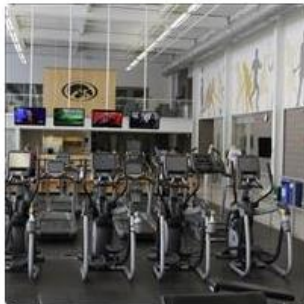
*CRWC
Cardio/Strength/Track



*Field House
Cardio/Strength/Track



*Fitness East
Cardio/Strength
Equipment



*HTRC Cardio/Strength
Equipment



CRWC Competition Pool -
Lap Swim



CRWC Diving Well - Lap
Swim



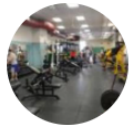
If you are not already logged in, the system will prompt you to login using your information.

Step 4: Identify the exact date and time you would like to visit and select 'Book Now'

Search Programs 

Field House Cardio/Strength/Track

Bookings / Field House Cardio/Strength/Track



This reservation will grant you access to use the Field House cardio/strength area as well as the track. Please note the following policy and procedure changes: Face coverings will be required for anyone exercising indoors. Locker rooms will be open and available when facilities are open. We encourage all members to practice social distancing when utilizing the locker rooms. Showers will be available. Indoor basketball, volleyball, or soccer/fustol will be unavailable at this time. Equipment rentals will be unavailable at this time. Saunas will be unavailable at this time. Effective Thursday, August 27th, Recreational Services has implemented a No-Show/Failure to Cancel policy. A No-Show is defined as a member/student who reserves a time slot and does not check in to our facilities/programs during the registered time slot and who fails to cancel their reserved time slot. First offense: Member/student will receive an email warning reminding you of the policy. Second offense: Member/student will receive a 1-week suspension. During this time, member/student will not be able to register or access our facilities or programs.

November 17 - 18, 2020

17 Tue	18 Wed
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9 - 10:30 AM
16 spots available [Book Now](#)

10 AM - 12 PM
16 spots available [Book Now](#)

The offering will change to say 'Booked'.

Member Portal



booking/1e2a59df-e7f3-4e01-9616-9b75b0b7826c

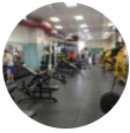
Search Programs



Booking Successful! A confirmation email has been sent to you.

Field House Cardio/Strength/Track

Bookings / Field House Cardio/Strength/Track



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November 17 - 18, 2020

17

Tue

18

Wed

Some times may be unavailable due to conflicting appointments.

9 - 10:30 AM

15 spots available



10 AM - 12 PM

16 spots available

Unavailable

We encourage you to still use the app for all Group Fitness Registrations.