3-on-3 Basketball Rules

(Updated 08/14)

General Rules Adapted for 3-on-3 intramural play; in other cases, rules of the National Federation of High Schools and the IHSAA will be in effect. Recent rule changes appear in hi-lighted and italicized font.

Rule 1: Facility
1) All games will be played at the Field House in the South Gym unless otherwise noted. Alcohol and tobacco are not permitted inside the complex.

Rule 2: Player Eligibility
1) All Intramural Sports eligibility rules apply. Please check your Intramural Sports Rules and Regulations carefully.
2) All players must check-in with their University or valid state-issued photo ID with the Intramural Supervisor prior to the start of each game.

Rule 3: Team Composition
1) The game shall be played between 2 teams of 3 players each. A minimum of 3 players is required to be present at the start of the scheduled start time to prevent a forfeit. Teams can have an unlimited number of players on their rosters.
2) No more than 2 players on a team may be a member or coach of a basketball club that plays competitively or a member of a University of Iowa basketball practice team. A list of current club and practice team members will be available at the Recreational Services office (E216 FH).

Rule 4: Equipment
1) Each member is encouraged to bring one light and one dark color shirt. If there are any problems with t-shirt colors, pinnies will be provided.
2) Jewelry: NO JEWELRY WILL BE ALLOWED ON THE COURT. This includes, but is not limited to, earrings, wedding rings or bands, other rings, necklaces, bracelets, rubber bands, Livestrong bracelets, and metal barrettes. The only exception to this rule is a medic alert bracelet or necklace. In that case it must be taped down. Participants assume all risk by participating with jewelry.

Rule 5: Ground Rules
1) Format will be as follows: Teams will play best 2-out-of-3 half-court games to 11 points, by 1’s and 2’s. Teams must win by 2 points or first team to 15 points wins.
2) Gender restrictions: Teams must be all-female in Women’s Division.
3) Starting the game: After agreeing on a game ball (balls will be available for check-out with an ID if teams cannot agree on a ball), each team shall designate one person to shoot free-throws to determine which team will start with possession of the ball. After one person has made and one person has missed, the team making the free throw shall start with the ball.
at the top of the key. After the first game, the losing team of the previous game will start the next game with the ball.

4) Checking the ball: The ball shall be “checked” before the start of the game at the top of the key, and after all usual and unusual stoppages of play, including, but not limited to: made baskets, all fouls, out of bounds, and balls entering the court from another court. For any unusual stoppage of play, the team currently or last in possession of the ball shall retain possession, except after a made basket.

5) After a made basket, the team that was on defense will start at the top of the key on offense. **There is no make-it-take-it.**

6) Scorekeeping/Reporting: Teams are responsible for keeping track of the score throughout the game. The score should be announced prior to every checking of the ball. **THE WINNING TEAM MUST REPORT THE GAME SCORES TO THE INTRAMURAL SUPERVISOR.** In the event of a score discrepancy, teams shall restart the game from the last agreed upon score.

7) **Fouls will be called by the players.** A defensive foul on a made basket shall result in the basket counting and the fouling team starting with the ball at the top of the key. A common foul or foul resulting in a missed shot shall result in the fouled team starting with the ball at the top of the key. There will be no free throws. There shall be no foul limit for players to exceed. The Intramural Sport Supervisors have the right to issue warnings or disqualify teams from the tournament if teams continually foul their opponents.

8) Excessive fouling, with the intent to gain an advantage, and not in the spirit of Intramurals, will be penalized at the Intramural Supervisor’s discretion.

9) Out of Bounds: In the event the ball is declared out-of-bounds, the game shall be restarted at the top of the key with the team not having last touched the ball being awarded possession. The half court line shall be considered an out-of-bounds line. If the ball passes over the backboard, it shall be the same as an out-of-bounds violation.

10) Alternating Possession/Jump Balls: On the first held ball, the ball shall be awarded to the team that did not start the game with possession. Possession on all held balls thereafter shall be awarded on an alternating basis. Teams are responsible for keeping track of the alternating possession.

11) After a defensive rebound of a shot attempt (regardless of the ball hitting the rim or not) the player must take the ball outside of the 3-point line with both feet before taking a shot at the basket.

12) Forfeit Time: A 10 minute forfeit time will be enforced. Teams must be on the court and ready to play.

13) A minimum of 3 players must be present to start an official game. If less than 3 players are present, the game will be declared a forfeit. A team may play with less than 3 players if players become injured during the game.

14) Each team must have at least 3 players on its roster.

15) Protests: In the event that a team feels a rule has been misinterpreted, it must: (1) call time-out immediately and (2) bring the protest to the attention of the Intramural Supervisor who will make a ruling. If the team still feels the ruling is incorrect it must express its intent to protest at the time and lodge a written protest along with a $5.00
protest fee by noon of the next business day following the game. The fee and protest form must be given to the Director of Intramurals at E216 Field House. If the protest is upheld, the fee is returned. If the team wishing to lodge the protest allows subsequent action after the incident without first calling time-out and getting a ruling from the Intramural Supervisor, it waives its protest rights.