



HAWKEYE TENNIS & RECREATION COMPLEX

Welcome Packet

IOWA | Recreational
Services

GENERAL INFORMATION

► Facility

The Hawkeye Tennis and Recreation Complex (HTRC) is a state-of-the-art facility with 12 outdoor and 8 indoor courts. Located at 2820 Prairie Meadow Drive in Iowa City, these courts are the home of the Iowa Hawkeye Tennis program! It was recently named the USTA Missouri Valley Facility of the Year.

► Don Klotz

The outdoor courts are named after Don Klotz, a former University of Iowa Professor in Physical Education and Head Men's Tennis Coach. His 1958 team won the Big 10 Championship and placed 3rd in the NCAA tournament. Don is widely known and respected for his many contributions as a teacher, scholar, coach and court construction. He is a member of the Iowa Tennis Hall of Fame and retired in 1971. Although Don has passed away, his remarkable career continues to impact our patrons.

► HTRC Tennis Rules

- Users must check-in prior to entering court area.
- Please wait until your court time begins before entering the court.
- Enter the court through the gate specific to your court.
- Courts are for tennis use only.
- Shirts must be worn on the tennis courts at all times.
- Non-marking shoes only.
- Private instruction may be provided by Recreational Services staff only.
- Glass containers are prohibited on tennis courts.



► Staff

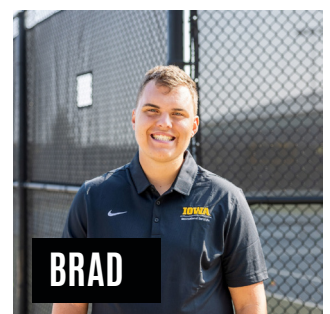
We have four full-time Senior Staff members:

- Michele Conlon
- Fred Pedersen
- Mili Veselinovic
- Brad DiLeo

For full bios, please visit our website:

<https://recserv.uiowa.edu/meet-our-tennis-pros>

In addition, we have several part time staff ranging from top high school players to current college players to college graduates.



HTRC SERVICES

► Reserving Courts

If you would like to reserve a court, you can do so through CourtReserve. Recreational Services members may reserve indoor courts up to 7 calendar days in advance, while guests may reserve courts up to 3 calendar days in advance. We offer punch passes (multiple visit passes that may be purchased in advance) to members for indoor and outdoor courts to help with the ease of reservation. For more details:

<https://app.courtreserve.com/Online/Portal/Index/13271>

HTRC Phone: (319) 384-1215

► Private Lessons

Private lessons are a terrific way to improve your game. We offer three levels of private instruction based on the experience of the instructor: Student, Instructional or Senior Staff.

If you would like to arrange a private lesson, please visit: recserv.uiowa.edu/form/private-tennis-lesson-request-form

► Racquet Stringing and Regripping

The HTRC front desk serves as a drop off and pick up location for racquet stringing and regripping. Racquets are strung and regripped by Craig Carney at the Racquet Master, located at 702 S. Gilbert Street in Kennedy Plaza. Simply drop your racquet off at the HTRC, a Racquet Master staff member will pick it up and string/regrip it (usually within 48 hours), then drop it back off at the HTRC for you to pick it up and pay for. Craig is one of the best in the business as he has strung racquets for over 30 years. Call Craig at (319) 338-9401 for any of your racquet, apparel, or footwear needs.

Please call the HTRC Front Desk with any questions: (319) 384-1215

► Recreational Services Members

If you are a member of Recreational Services, you will have access to each of our facilities: Hawkeye Tennis and Recreation Complex (HTRC), Campus Recreation and Wellness Center (CRWC), Field House and Fitness East. If you play tennis you will have a significantly reduced indoor court rate, discounts on classes, private lessons and leagues and will have priority reserving indoor courts. If you have kids, they will also receive reduced class and private lesson rates.

All non-members of Recreational Services are asked to pay a \$3/hour guest fee on the indoor courts.



► Playmate® Ball Machine

The HTRC has two state-of-the-art Playmate® ball machines available for our patrons to rent. Ball machines are a fabulous way to improve your game! Both machines have basic functions that will allow you to change the height, speed, and spin of the ball.

To rent the ball machine, you can add the equipment on CourtReserve when you reserve your court. The staff will get the ball machine out for you and store it when you are done. We do ask you that you please pick up all the balls after use. The ball machine may be used both indoors and outdoors.

Please contact Fred Pedersen with any questions: fred-pedersen@uiowa.edu



ADULT TENNIS

► Cardio Tennis

A fun group fitness activity that allows you to get in shape and burn calories, cardio tennis is the ultimate high-energy workout featuring a variety of drills! Classes allow for participants of all levels unless otherwise designated.

A schedule will be released on Friday mornings. There are approximately 10 cardio classes per week.

► Clinics

If you are interested in learning how to play tennis or if you want to tune up your game, we offer several adult tennis clinics throughout the year, with three levels available: beginner, beginner/intermediate, or intermediate. These classes meet approximately once per week for one hour, over a five- or six-week period. Players may register for multiple sessions.

Please contact Fred Pedersen with any questions: fred-pedersen@uiowa.edu

► Camps

Adult camps are designed for all levels of play and are a great way to meet people and improve your game! A camp is typically hosted during the summer and over the holidays.

► Leagues

We offer adult leagues throughout the year for both singles and doubles. The leagues vary in length with many lasting an entire semester, and several seasonal leagues offered in the summer or during the school year.

Please contact Michele Conlon with any questions: michele-conlon@uiowa.edu

► USTA Teams

Several USTA adult teams call the HTRC their "home." Teams are an NTRP level of 3.0, 3.5, 4.0, 4.5 or 5.0, and play singles and doubles against players from other clubs across eastern Iowa. Teams may move on to district, sectional and national play. Several teams have their own drill group with a coach each week.

Please contact Fred Pederson with any questions: fred-pedersen@uiowa.edu



JUNIOR TENNIS

► Junior Camps

Junior Camps are held during the summer, holidays, and spring break, and typically take place from 8:30 a.m.-12:30 p.m. These camps are designed for children ages 6-16 who are learning to play tennis, but have not yet competed in any tournaments.

Please contact any senior staff member with questions.

► Academy Camps

Academy Camps and Clinics are held throughout the summer, holidays, and spring break. These are designed for students ages 9-18, who have competed in USTA tournaments or at the high school level. Tennis Coordinator approval is required to participate in this program.

Please contact any senior staff member with questions.

► Junior Tennis Program Progression

The HTRC tennis program follows the general United States Tennis Association (USTA) guidelines as its foundation for junior tennis progression, and to ensure that participants are using the appropriate size court, racquet, and ball for their development. There are four colors of tennis balls designated for participants through which they will progress according to their age and level of play. The racquet sizes listed are approximates only. While we will use a mix of balls in class, the general guidelines are:

Red Ball:

- 8 years of age & under
- 36 ft. Court
- 21"-23" racquet

Orange Ball:

- 10 years of age & under
- 60 ft. Court
- 23"-25" racquet

Green Ball:

- 10 (some 12) years of age & under
- 78 ft. full court
- 26"-27" racquet

Yellow Ball:

- 10+ years of age
- 78 ft. full court
- 26"-27" racquet



► Hawkeye Tennis Academy

Our Hawkeye Tennis Academy (HTA) is designed for kids interested in competing in tournaments. There are four levels of the Academy: Orange Ball, Green Ball, Junior, and Academy. Approval is needed from a Senior Staff member in order for newcomers to participate.

Our Academy program expects top-notch sportsmanship, hard work, and respect from the students. During the academic year we offer several weekly classes, while in the summer we have a variety of camps and clinics. There are also HTA Team travel opportunities for groups to participate in a tournament accompanied by a senior staff member. Students in our HTA program are given an HTA card at the beginning of each semester and in the summer allowing them to use the ball machine or ball carts for free with a court rental.

While we have had many HTA graduates go on to play tennis at the collegiate level, we encourage all of our high- performance students to participate in our program to prep for USTA meets and high school tournaments.

HTA is open to any and all students ages 8-18.

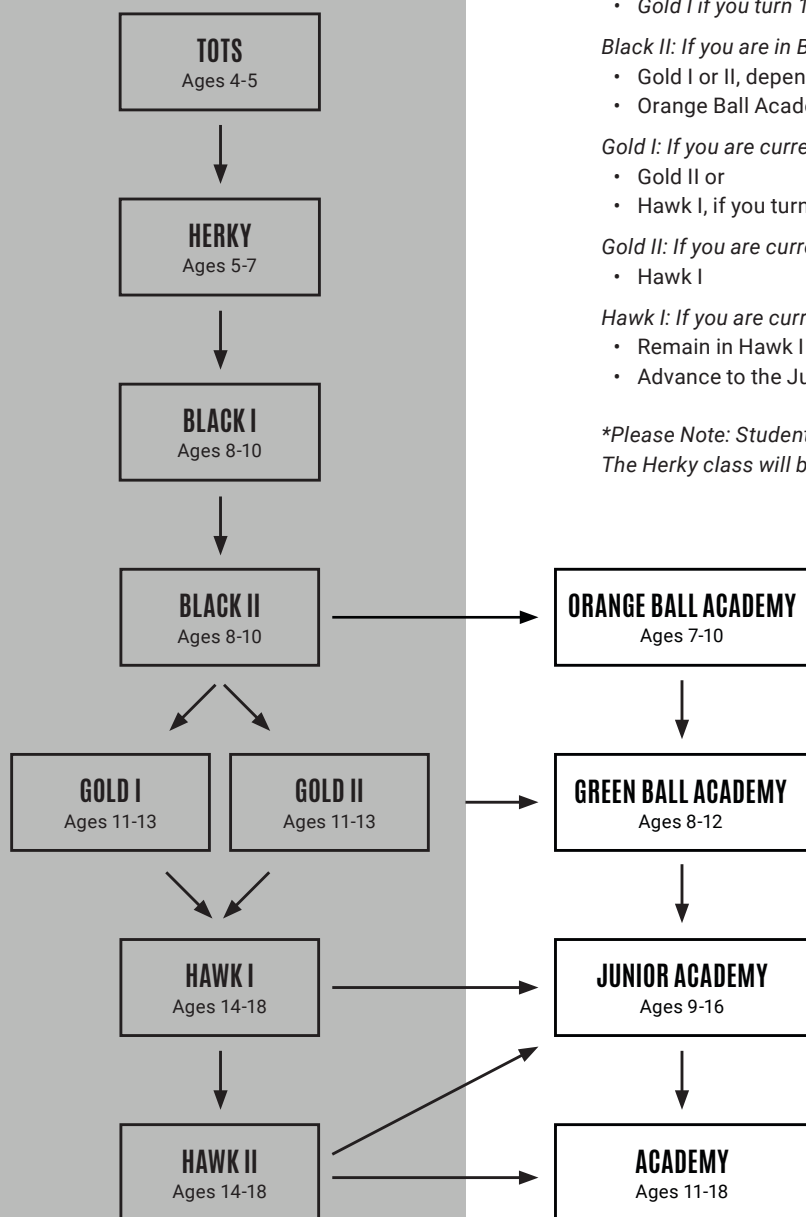
Please contact any senior staff member with questions.

WHICH LEVEL WILL YOU PROGRESS TO NEXT?

► Junior Pathway

Our Junior Pathway is designated to progress kids through age and skill-appropriate classes in a fun and challenging environment. Please contact a senior staff member prior to moving up a class.

Please contact a senior staff member prior to enrolling in each level.



► Qualifications

The Senior Staff have established qualifications from progressing from one level to the next. Occasionally we will test athletes to help assist the students and the parents with the appropriate class placement.

Tots: If you are currently in Tots, your next class will be:

- Herky

Herky: If you are currently in Herky, your next class will be:*

- Black I

Black I: If you are in Black I your next class will be:

- Black II or
- Gold I if you turn 11 years old

Black II: If you are in Black II your next class will be:

- Gold I or II, depending on level of experience or
- Orange Ball Academy

Gold I: If you are currently in Gold I, your next class will be:

- Gold II or
- Hawk I, if you turn 14 years old

Gold II: If you are currently in Gold II, your next class will be:

- Hawk I

Hawk I: If you are currently in Hawk I, you will:

- Remain in Hawk I or
- Advance to the Junior Academy

**Please Note: Students are often in Herky for more than one year. The Herky class will be divided according to level of play.*



► Hawkeye Tennis Academy

Please contact a senior staff member prior to enrolling in each level.



HTRC TENNIS PARTNERS

► Junior Leagues

We have a junior Match Play for kids playing or aspiring to play junior USTA tournaments. Match play generally occurs weekly during the academic year and twice a week during the summer.

Please contact milic-veselinovic@uiowa.edu to get on the registration email list.

► U of I Women's Tennis Programs

The Iowa Hawkeyes practice and compete at the HTRC! January through April, they will often have meets on the weekends for you to come and watch free of charge. Visit www.hawkeyesports.com to view their schedules, player biographies, and more!

► Tournaments

The HTRC will host several USTA tournaments throughout the year:

- Midlands Junior and Adult Opens in August
- Klotz Winter Open in December
- Several 10U tournaments throughout the year
- Other level 6 and 7 tournaments

If you are a junior player interested in playing your first tournament, please contact Michele Conlon for a packet of information.

*Please contact Xavier Loomer with any questions:
xavier-loomer@uiowa.edu*

CONNECT WITH US!

 @HTRCtennis

 @HTRCtennis

 @htrc_tennis

*Please contact **michele-conlon@uiowa.edu** to be added to our bi-monthly tennis email, showcasing player features, registration openings, special events, comments from Coach Conlon, and more!*

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