2016 Intramural Men’s/Co-Rec Flag Football

Registration and League Information

Registration Period: Tuesday, August 23 at 8:00 AM through Tuesday, September 6 at 11:59 PM on IMLeagues.com.

Play Begins: Sunday, September 11 at the Hawkeye Recreation Fields

League Format: Teams will play four regular season games, followed by a single elimination playoff tournament for the teams that qualify.

Sport Description

Flag Football is a non-contact version of football that creates a safe playing environment not usually found in traditional American football. Each player will wear a flag belt with three flags hanging from it, and when the ball carrier has his/her flags pulled, the play becomes dead. Taking the contact out of football creates a fun, recreational environment for you to enjoy with your friends and fellow UI community members. It also allows you to escape the daily grind of school and get a great workout. With many types of leagues offered here at The University of Iowa, you can find the right team to fit your skill level. So, recruit some friends and get out to the Hawkeye Recreation Fields to join the action!

Important Information

1. To participate in Intramural Sports, a UI Student, Faculty, Staff or Affiliate must purchase an Intramural Sports Membership. This $20.00/semester membership allows you to participate in almost any Intramural sport/event that semester. There is no cost to register a team, but team members must purchase the Intramural Sports Membership before joining/creating a team.
2. There is no limit to the size of a team’s roster, however, a team must have five players (six for Co-Rec) to complete registration. Team captains may add players to the roster up until the day of the team’s quarterfinal playoff game.
3. Team captains may add players to the roster up until the game’s scheduled start time.
4. Before each game, all players must present a valid UI or government-issued ID to participate.
5. Teams will field seven players in Men’s Leagues, and eight players in the Co-Rec League. In order to begin a game, five players in Men’s, and six players in Co-Rec (3 men and 3 women; 4 men and 2 women; or 4 women and 2 men) must be present within 10 minutes of a team’s schedule game time. If this requirement is not met, the game will be forfeit.
6. Team sportsmanship will be rated by the officials on a scale of 1-to-4, with 4 being excellent and 1 being poor. Teams must maintain an average of 2.5 or better throughout the season to qualify for the playoffs and to remain in the league. A more detailed breakdown of the sportsmanship scale can be found in the Intramural Sports Rules and Regulations.
7. Playoffs will take place following the 5-week regular season. In Men’s A and Fraternity, the top three teams in each division will advance to the Men’s A playoffs. In Men’s B, the top three teams will advance to the Men’s B playoffs. The top three teams in each Co-Rec A division will advance to the Co-Rec A playoffs, and the same process will be used for Co-Rec B.
8. “A” leagues are for more experienced/skilled players. The teams that win the Men’s A and Co-Rec A playoff tournaments will receive Intramural Champion T-shirts. “B” leagues are for less experienced/more social players. The teams that win the B playoff tournaments will not receive Intramural Champion T-shirts.
9. Any forfeit/no-show will result in a Forfeit Fine of $50.00. This fine is charged to the University Bill of the team captain.
10. All other rules will be governed by the NIRSA Flag & Touch Football Rules Book. University of Iowa-specific rules and regulations can be found at: http://recserv.uiowa.edu/flag-football-rules.
11. Interested in becoming an official? We work around classes and other conflicts with flexible scheduling, and you can still play Intramural Sports. To find out how to become an official, visit our Becoming an Official webpage at: http://recserv.uiowa.edu/becoming-an-official
In order to create a team add players and select a division, each captain must pass the Captain’s Quiz. The quiz will become available Tuesday, August 23, 2016. The quiz is available by clicking the “Create Team” button on the Flag Football home page on IMLeagues.com.

All captains are encouraged to utilize the Captain’s Guide, which is available on the Intramural Sports website. Failure to utilize the resources made available to you is not an excuse for not knowing sport or program rules or regulations.

If a team captain fails to complete the Captain’s Quiz, the captain will not be able to register a team. A captain can take the quiz as many times as needed in order to register the team.

Space in each time slot is limited, so please have all items completed promptly.